

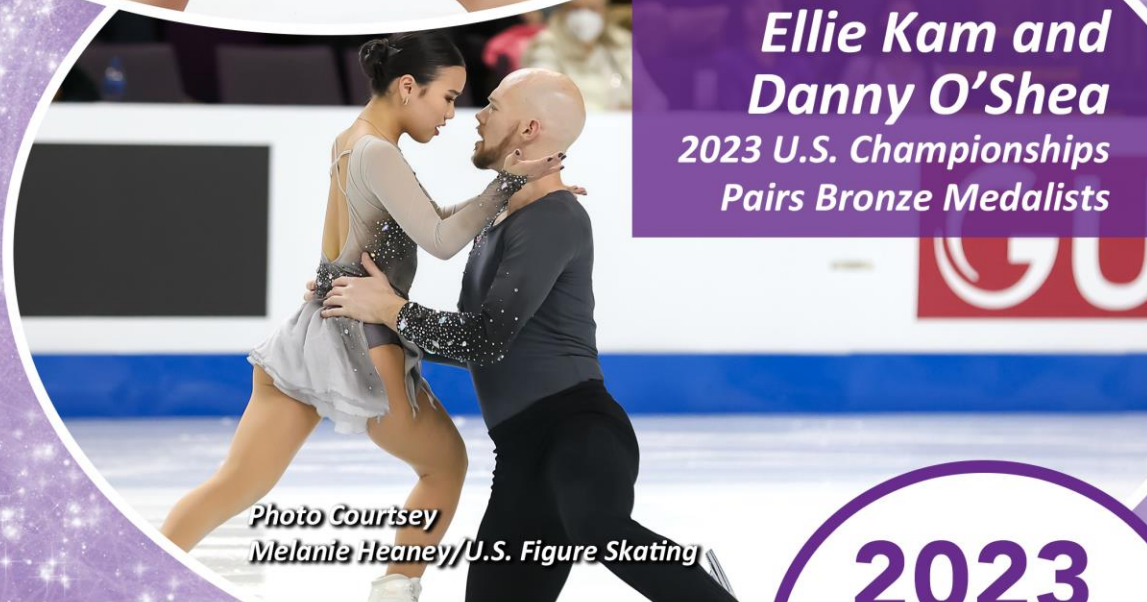
TRAIN WHERE THE *Champions* TRAIN



Amber Glenn

**2023 U.S. Championships
Women's Bronze Medalist**

*Photo Courtesy
Melanie Heaney/U.S. Figure Skating*



**Ellie Kam and
Danny O'Shea**

**2023 U.S. Championships
Pairs Bronze Medalists**

*Photo Courtesy
Melanie Heaney/U.S. Figure Skating*

2023

SUMMER SKATE REGISTRATION & BROCHURE



**U.S. OLYMPIC & PARALYMPIC
TRAINING SITE**
WORLD ARENA ICE HALL

**WORLD ARENA
ICE HALL**

A US OLYMPIC AND PARALYMPIC TRAINING SITE

About Our Facility



Thank you for your interest in the World Arena Ice Hall – a **U.S. Olympic Training Site** – for your 2023 summer training. Each year our program attracts skaters of all levels from all corners of the globe. In recent years skaters and coaches have traveled to our training facility from Australia, Belgium, Canada, Dubai, England, Finland, Hong Kong, Italy, Japan, Korea, Mexico, Sweden and South Africa.

Colorado Springs has long been the training ground for champions having produced 3 Olympic Champions, 7 World Champions, 5 World Jr. Champions and 67 U.S. National Champions — including 28 U.S. Champions at the Senior level. For the 2023 season, our facility had 24 skaters who qualified for the U.S. National Championships including 9 medalists, as well as 7 competitors at the

World Junior Championships and 3 skaters at the World Championships. While you are here training alongside our champions, you will be working with some of the most accomplished teaching professionals in the world. The coaching staff and our administrative staff is ready to make your summer skating experience one that leaves you a more seasoned athlete and with a suitcase full of memories of the people you will meet! The World Arena Ice Hall is home to the Broadmoor Skating Club (BSC) which hosts multiple events during Summer Skate including the well-known Broadmoor Open (tentatively June 25-July 1). In addition, the BSC conducts Fire and Ice Exhibitions and test sessions in the Ice Hall. For more information, please visit www.broadmoorskatingclub.com.

Two Ice Sheets-The Ice Hall provides approximately 30 skating sessions/classes per day on one Olympic-size and one NHL-size sheet of ice.

USFS Rink of Distinction -The Ice Hall is recognized as a Rink of Distinction by the U.S. Figure Skating High Performance Department.

Excellence on Ice-The Ice Hall is recognized by the Professional Skaters Association (PSA) as an *Excellence on Ice* facility for dedication to excellence in coaching both on-ice and off-ice.

Fritz Dietl Award-The Ice Hall is a two-time recipient of the Fritz Dietl Award from the PSA recognizing excellence in facility management and programming.

Dartfish- In addition to traditional video analysis, computer-aided video analysis using state-of-the-art DartTrainer technology is available every day.

Studio-Our off-ice group classes are offered in a fully-mirrored studio with traditional wood floor.

Jump Harnesses-Two off-ice harnesses, plus an additional on-ice harness in each rink.

Pole Harnesses-Our trained coaches will help you rehearse the correct technique.

NSCA-Within walking distance of the Ice Hall, the National Strength and Conditioning Association specializes in the utilization of proper strength training and conditioning to improve athletic performance and fitness.

A Piece of History-The Broadmoor World Arena and Ice Hall is minutes away from U.S. Figure Skating Headquarters, the Figure Skating Museum, the United States Olympic Training Center, the United States Olympic & Paralympic Museum as well as the historic Broadmoor Hotel.

Figure Skating Session Protocol

- If a skater arrives for a skating session 5 minutes or later after the session start time, their spot may be taken by another skater on the waiting list regardless of if they have contracted for the session. Skaters are asked to call the Skating Office at (719) 477-2178 to inform us they are running late so we can hold their spot.
- Session rosters are kept behind the front desk. Skaters must check in with the ice monitor prior to getting on the ice. **Session must be paid for before stepping on the ice.**
- Pre-registered sessions/classes and/or contracted drop-in sessions/classes cannot be switched.
- Skaters must exit the ice immediately when their session ends and/or when the Zamboni appears at the door.
- **There is no changing or bag storage in the lobby.** Skaters are encouraged to use the provided Locker Rooms and Rinks for changing and bag storage. If Locker Rooms are not available, lockers are also provided in both rinks, however skaters must provide their own locks. The World Arena is not responsible for lost, stolen or damaged items left in lockers or the locker rooms.
- Skaters are not permitted to take Zoom or remote lessons at the Ice Hall. If a skater is observed having a remote lesson, he/she will be asked to stop immediately.
- Skaters must provide their own sash to be able to do their program.
- Each skater must bring their own first-aid supplies. (Band-Aids, Neosporin, etc.).
- Each skater must bring their own bags for ice.
- One ear bud is allowed on the ice. However, an athlete will get one warning if they can't pay attention to the session due to having an ear bud in. The ability to wear an ear bud will be lost if the problem persists. No over the ear headphones are allowed.

Figure Skating Session Music Rules

Skaters practicing their program to music must wear a sash provided by the skater. A skater or team whose program is being played and is wearing the sash has the right of way. Always yield the right of way to the skater(s) wearing the sash and performing their program. The skaters(s) wearing the sash need to be aware of others on the ice including coaches.

- Respect music in line at the music booth. NO changing order.
- Music device must have skaters name on it or music will not be played.
- Put music in line when you are ready to skate your program. No restarts or rewinds.
- To do your program a 2nd time, you must wait until everyone has gone 1 time.
- **Skaters must wear their own sash when skating to their music to help others to know they are in a program and have the right of way.**

Contracting Information

SESSIONS LEVEL SIGN-UP INFORMATION

With the new U.S. Figure Skating rules in effect for singles competition eligibility (i.e. decoupling of freestyle tests with competitive level), the level of session a skater will be permitted to train on will be the skater's current competitive level, not their most recent freestyle test level passed. Once a skater declares a competitive level for the NQS, they must train at that level if that level is different than their previous competitive level.

If a skater signs up for a level higher than their competitive level, they will be pulled from the session, and they will forfeit that session and any other session that corresponds with the incorrect level in which they signed up.

FREESTYLE SESSIONS

- Freestyle Skaters **MAY NOT** sign up online for sessions outside of their discipline.
- If you are a visiting skater, proof of current competitive level may be requested by the Skating Office.
- Freestyle Skaters may skate up or down ONE level if:
 - There are ten (10) or less skaters including the individual making the request
 - No other comparable session is available for the skater
 - Skater has a lesson contracted
 - Skater informs the Skating Office staff and signs the roster
 - Skater MAY NOT sign up online for these sessions, they may drop-in only

DANCE and PAIRS SESSIONS

- Teams will have priority on all Dance, Pairs and Dance/Pairs Sessions in regard to walk-on spots available.
- Freestyle skaters may skate on Dance, Pairs and Dance/Pairs Sessions with the following provisions:
 - There must be three or less teams and a total of 10 or less skaters on the session
 - No other comparable session should be available for the skater
 - Skater **MUST** have a lesson contracted, and be in a lesson the entire time they are on the session. If a skater is only in a 20-minute lesson, they must buy a 20-minute session ticket
 - No more than 10 skaters allowed on a session that contains freestyle skaters
 - Although standard music rules apply, Dance and Pairs skaters will have music priority
 - Freestyle skaters MAY NOT sign up online for these sessions, they may drop-in only
 - Skater must notify Skating Office staff if they wish to do session (if the session is available)

On Dance only sessions, Pairs skaters may have the option of doing the session if space is available.

On Pairs only sessions, Dance skaters may have the option of doing the session if space is available.

Dance/Pairs Teams Hi

- Session open to established Junior and Senior Teams
- 3 Dance Teams, 3 Pair Teams
- No tryouts

SESSIONS FOR SKATERS BELOW PRE-PRELIMINARY

Skaters who have not reached the Pre-Preliminary level must have completed the USFS Basic Skills Free Skate 1 level before they can skate on training sessions during Summer Skate. Monday through Friday, those skaters may skate the Free Skate 1-Sr FS sessions, Free Skate 1-Juvenile and Free Skate 1-Intermediate sessions as well as the Dance/Choreo/Open Free Skates. On Saturday, those skaters may skate the Free Skate 1-Juv FS session and the Dance/Choreo/Open Free Skate sessions.

CRITERIA FOR THE NATIONAL FREESTYLE SESSION

US National Competitors

- Junior-Senior Freestyle competitor who has competed at US Nationals at the most recent US National Championship
- If space exists and competitor isn't exempt by any other criteria, CSWA may extend an invitation to any former US Men's or Women's National Champion at the Senior level

Non-US International Competitors

- CSWA Resident Athlete who is a Freestyle competitor and has been assigned a Sr. Grand Prix event within the current competitive season, or who has competed at the most recent World Championships

CRITERIA FOR THE INTERNATIONAL FREESTYLE SESSION

US National Competitors

- Freestyle Athletes with a Team USA designation who have received an International Assignment from U.S. Figure Skating for the current or previous competitive season
- If space exists and competitor isn't exempt by any other criteria, CSWA may extend an invitation to any former US Men's or Women's National Champion at the Senior level

Non-US International Competitors

- Freestyle competitor who has been assigned a Sr. Grand Prix event within the current competitive season
- Freestyle competitor who has reached the Jr. Grand Prix Final within the current competitive season
- Freestyle competitor who has reached the Final round of either the World Championships, or Junior World Championships within the current season

Management reserves the right to alter protected sessions as they see fit. Management also reserves the right to allow International Competitors on the International session who have qualified for the Olympic Games but have not otherwise met session criteria.

Contracting Dates

Please remember not to sign up for dates when you are away at competitions.

You must contact Resident Coaches directly to make sure they can accommodate your requests for private lessons before contracting your ice. (See the Resident Coaches List) Starts at 7 AM MDT.

Registration for Summer Skate will be broken down into three contract periods in 2023

Period 1: Weeks of June 5, June 12 and June 19

World Arena Resident/Membership Skaters have an exclusive contracting period starting Monday, April 17 through Sunday, April 23, 2023

Non-Resident Skaters may begin contracting on Monday, April 24, 2023.

Period 2: Weeks of July 3, July 10 and July 17

World Arena Resident/Membership Skaters have an exclusive contracting period starting Monday, May 1 through Sunday, May 7, 2023.

Non-Resident Skaters may begin contracting on Monday, May 8, 2023.

Period 3: Weeks of July 24, July 31 and August 7

World Arena Resident/Membership Skaters have an exclusive contracting period starting Monday, May 15 through Sunday May 21, 2023.

Non-Resident Skaters may begin contracting on Monday, May 22, 2023.

For Residency criteria, please refer to the Figure Skating Guide located on the Ice Hall about page on our website.

You must contract for Summer Skate online. Please go to:

- www.broadmoorworldarena.com/summerskate
- Complete and return the **Liability Form**
- You must read all brochure text before you can proceed
- Click "Submit"
- Begin Summer Skate registration
- If you are not currently a registered skater please create a new account
- Select all ice sessions, on-ice group sessions and off-ice classes for each day
- Be sure to review your cart before checking out (**this is very important because if you have selected an incorrect session NOW is the time you can make necessary deletions/changes**)
- "Check out"
- Provide credit card information
- Print your confirmation

On-Ice Session Fees

Contract ice received on or before June 4, 2023 will receive a discounted rate of \$8.75 per ice session. Contract ice received June 5, 2023 or later will be charged our standard session rate of \$10.75 per session. Once sessions are booked, switching of sessions is prohibited, and sessions are non-transferable.

On-Ice Group Classes

Power/Edge Class

Cost: \$12.75

Time: 9:45 am-10:05 am (NHL), Monday through Thursday.

Qualifications: Juvenile-Senior.

Description: This class emphasizes speed and power development while also emphasizing edge and turn development.

Spin Class

Cost: \$12.75

Time: 9:45 am-10:05 am (NHL), Friday

Qualifications: Skater must be able to complete all basic camel and sit spins.

Description: In this class, skaters will develop fine technique and position in spins and spin combinations, as well as developing speed and originality.

Off-Ice Group Classes

Weekly Group Off-Ice Class

Cost: \$60 per week

Time: 3:50 pm – 4:35 pm Monday through Friday (Sign-up is on Monday of each week for the entire week)

Qualifications: Beginner-Novice.

Description: Classes includes Off Ice Jumps/Spins, Strength and Conditioning, Ballet, Dance and Stretch.

Payment Information

PAYMENT IN FULL IS DUE AT THE TIME OF CONTRACTING SUMMER SKATE. Any changes to your schedule after it has been submitted will be subject to a \$50.00 change fee.

Cancellations

For all cancellations prior to June 2, 2023, there will be an administrative charge of 50% of the total amount of the Summer Skate order. Sessions are non-transferable.

After June 2, 2023, no refunds or credits will be given for any cancellations.

Drop-In Sessions Rates and Waitlist Policy

Skaters may purchase Drop-In sessions if space is available on that particular session or class. The rate for Drop-In sessions is \$10.75 per session. Sessions must be purchased before the session starts.

For Skaters wishing to put their name on a Wait List, the Wait List procedure is as follows:

- Skater may request the session they want to be added to the Wait List between 10 am-3 pm, the day before the session. (e.g., for a Tuesday Session, the request period is 10 am-3 pm on Monday).
- Individuals may only sign up for their child or children; or, in the case of dance or pairs team, a partner
- For Monday sessions, the Wait List sign up day is Friday between 10 am-3 pm.
- If an email is received outside the hours of 10 am-3 pm, it will not be accepted.
- Requests must be emailed to summerskate@broadmoorworldarena.com
- There will be no in-person Wait List sign up at the Front Desk until 8 am for same-day sessions only.

Front Desk Hours, Session Payment Policies and Coaches Tickets

Prior to private lessons, extra sessions, off-ice or on-ice classes, all skaters must purchase tickets used as a means for payment. These are available at the front desk. Hours of operation are: Monday – Friday from 5:40 am – 5:30 pm and Saturdays from 6:00 am – 1:00 pm.

Treat all Coaches private lesson tickets as cash. Patrons must give Coaches tickets directly to the Coach. The Front Desk will not be responsible for giving tickets to Coaches. There will be no reprints of any Coaches tickets for any reason. All Coaches tickets must be used no later than one year from date of issue.

For questions or more information contact:

Bobbie Browning

Ice Hall Skating Office Manager

(719) 477-2153

bbrowning@broadmoorworldarena.com



**U.S. OLYMPIC & PARALYMPIC
TRAINING SITE**
WORLD ARENA ICE HALL

Ice Etiquette Guidelines

THIS IS A **ZERO** TOLERANCE POLICY

Failure to comply with the following policies shall result in removal from the ice and a loss of privileges in the World Arena Ice Hall for the remainder of the day.

In the event of any such action, there will be no refund or credit for lost sessions.

- Skaters are required to check in with the ice monitor before beginning their session.
- Food and/or drink are **not** permitted on the ice (exception – plastic water bottles).
- It is the responsibility of all skaters to keep the ice clean and free of trash and other belongings such as water bottles, gloves, etc.
- No stopping or standing on the ice except against the boards. This also includes speaking with people in the bleachers or at the rink doors. If it is necessary to speak to anyone other than a coach off the ice, skaters must step off the ice.
- PARENTS are restricted to the bleachers for viewing at all times. Parents are not allowed on the Player's Bench side of the rink.
- Any parent observed instructing a skater (including using gestures from bleachers) will result in the removal of the parent and the skater from the rink. There will be no refund or credit for unused sessions or classes.
- Kicking the ice or boards, shouting, foul or abusive language or arguing with other skaters or coaches will not be tolerated.
- Skaters must skate the sessions at their confirmed competitive level.
- At the end of the session, skaters must leave the ice promptly.

Close By Conveniences and Hotel Accommodations

The World Arena Ice Hall is nearby to the Cheyenne Mountain Shopping Center which is bustling with restaurants, hotels, retail stores and a movie theater. Each skater is solely responsible for arranging his/her housing while attending Summer Skate. Below is a listing of hotels within walking distance of the World Arena Ice Hall.

Doubletree World Arena
1775 E. Cheyenne Mountain Blvd.
Colorado Springs, CO 80906
(719) 576-8900

La Quinta Inn and Suites South
2750 Geyser Drive
Colorado Springs, CO 80906
(719) 527-4788

Fairfield Inn by Marriott South
2725 Geyser Drive
Colorado Springs, CO 80906
(719) 576-0101

Residence Inn by Marriott South
2765 Geyser Drive
Colorado Springs, CO 80906
(719)-576-0101

Hampton Inn and Suites I-25 South
2910 Geyser Drive
Colorado Springs, CO 80906
(719) 884-0330